

First Sunday of Advent



Let us pray:

Dear Lord, please allow me to embrace Advent – a way to prepare for your arrival. May everything I do, every gift I send, every party I attend, and every meal I share - remind me to prepare space in my heart for you. Amen.

Gospel reading for this week is from Mark 13: 33-37

After reading the Gospel passage, you may like to take some time this week to sit and reflect on this reading.

Reflection

Advent is a time of hope. The placing of this Gospel at the beginning of Advent challenges us to be ready: although we might know the date of Christmas, the day on which God comes into our lives – in a myriad of forms – is not known; we must be ready and “keep awake” lest we miss it.

- Choose a word or phrase that catches your attention. Why has it captured your attention?
- Where have I seen God in my life this week? Was I “awake” to the face that God had come “unexpectedly” into my life this week?
- Write down two hopes you have for Advent this year?

